

# TODDLER SAMPLE MENU



## BREAKFAST

- Wheat French Toast
- Organic Turkey Sausage
- Organic Fresh Fruit
- Organic Milk or Water



## SNACKS

- Wheat Crackers
- Cheese Slice
- Fresh Organic Fruit and/or Raw Vegetables



## LUNCH

- Roast Chicken
- Gluten Free Pasta
- Roasted Carrot and Peas

